



Nava Nalanda Mahavihara,  
(Deemed University)  
Nalanda – 803111, Bihar, India

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### **Congratulatory Message**

I am deeply honored to extend my Congratulatory message on the auspicious occasion to celebrate the UN Day of 'Vesak' in Ayutthaya and Bangkok, Thailand from 23-25 May 2010. I congratulate the organizers for celebrating this historic and eventful day which is related to Lord Buddha and makes us aware and mindful of his purposeful life, teachings, achievements and contribution not only to entire human civilization but also to others as well.

At this moment I am reminded of the first sermon which Lord Buddha gave to the five mendicants (Pañcavaggiya Bhikkhu) at Saranath which is known today as 'Dhammacakkappavattana Sutta'. In the Sutta he discussed the essence of his teachings and called it the 'dhamma'. It was in this discourse that he set out the Four Noble Truths and the Eight Fold Path, popularly known as the 'Middle Path' which can be summed up Sīla, Samādhī and Paññā.

As the Middle Path induced, insight and mental calm and ultimately lead to Nibbāna, the final emancipation, a state of true happiness and harmony at the time of the Buddha, so also even now the Middle Path when followed leads to 'Nibbāna'. This fact is self proven and experienced by many of us.

The theme for the 2010 celebrations is Global Recovery – The Buddhist Perspective. I am happy that the organizers of the 'Vesak Day' have been able to create awareness and harmony much needed for peace within and peace throughout the world. I on behalf of Nava Nalanda Mahavihara (Deemed University), Nalanda and on behalf of the followers of the Dhamma send my good wishes for the success of the event and once again congratulate the organizers of the Vesak Day.

May all beings be happy.

**Dr. Ravindra Panth**  
**Director/ Vice- Chancellor**  
**Nava Nalanda Mahavihara**  
**(Deemed University)**  
**Nalanda, Bihar, India**